

MEDICAL CERTIFICATE FORMAT

**ON THE LETTER-HEAD OF YOUR DOCTOR**

**TO WHOMSOEVER IT MAY CONCERN**

This is to certify that I have examined Sri. / Smt. .... and found his / her general health condition satisfactory. I also found his / her ECG and Blood Pressure within normal range.

He / She is medically fit to undertake Kailash Manasa Sarovar Journey at an altitude of 6000 (Six Thousand) meters.

Seal & Signature  
Reg. No. : .....